

Bringing Strength to Life with MDA Muscle Walk®

At MDA, we take a big-picture perspective across the full spectrum of neuromuscular diseases to uncover breakthroughs that accelerate treatments and cures. The power in our research approach is that we can often apply learnings from one disease to achieve progress in others to bring urgently needed answers to our families.

> "Regardless of the form of MD, we all have similar feelings as parents. We want them to feel like a 'regular' kid and we want to have 'regular' dreams for them. We feel helpless and sometimes hopeless. But, we can channel all of our pain and worry and turn it into action."



Research projects in 12 countries

103 Research grants with a total funding commitment of more than \$27.5 million

Nearly 50,000 visits to more than 150 MDA Care Centers across the United States and in Puerto Rico

*2015 numbers

Help us make an impact.

MDA Muscle Walk is a life-changing experience that unites families, friends, neighbors and local businesses to forge powerful connections, celebrate the strength of families living with muscle-debilitating diseases and transform hope into answers.



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